

Super Bulky Cowl

DESIGNED BY LYNN LEVIN



Materials

Yarn

Super bulky yarn, 50-65 yds

Needles

US 13 or US 15, 16" circular [*US 13 will give you a warmer, denser fabric and requires more yarn than the US15 which gives you a softer fabric*]

Gauge

Gauge is not critical

Finished Dimensions

20"-22" circumference, 5"-6" deep

Abbreviations: K: knit; P: purl; Sts: stitches

When knit in the round, a knitting sequence (e.g., K3-P3) yields a different result depending on the number of stitches cast on. When knit over a multiple of 6 stitches, K3-P3 will be ribbing, but casting on a multiple of 6+1, 6+2, or 6+3 stitches and knitting continuously in the round without regard to the start of the round, K3-P3 achieves very different, and very pretty, results for this quick-to-knit cowl. In the photo above, the samples are, top to bottom, cast on with 6+1, 6+2, 6+3 stitches, respectively.

Inspired by Cecelia Campochiaro, Sequence Knitting: Simple Methods for Creating Complex Fabrics.

For more information and ideas, see Chapter 4: The Spiral Method: Sequence Fabrics in the Round, pages 195-279. The specific discussion of the K3-P3 sequence is on pages 248-250.

Directions

Loosely, cast on 49 (50, 51) stitches. [*Note that these are multiples of 6 + 1 (2, 3) stitches.*] Join to work in the round being careful not to twist the stitches. **Do not mark the end of the round.**

K3, P3 continuously until cowl is 5-6" deep.

See the next page for helpful notes on "reading" your knitting.

Loosely bind off in pattern, and weave in any ends.

Reading your knitting

There is no start or end to a round in sequence knitting, so it helps to learn to recognize what kind of stitch you should have below each stitch as you are knitting. One mistake can throw the whole pattern off and is often hard to see for several rounds.

It may help to see these patterns charted. All charts use the same key.



6+1 (shown in photo, top):

19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
—	—	—				—	—	—				—	—	—				—	6
—	—				—	—	—				—	—	—				—	—	5
—				—	—	—				—	—	—				—	—	—	4
			—	—	—				—	—	—				—	—	—		3
		—	—	—				—	—	—				—	—	—			2
	—	—	—				—	—	—				—	—	—				1

You will K2 over K stitches, P1 over a K stitch, then P2 over P stitches, and P1 over a K stitch.

6+2 (shown in photo, middle):

20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
—	—	—				—	—	—				—	—	—				—	—	3
—				—	—	—				—	—	—				—	—	—		2
		—	—	—				—	—	—				—	—	—				1

You will K2 over P stitches, K1 over a K stitch, then P2 over K stitches, and P1 over a P stitch.

6+3 (shown in photo, bottom):

21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
—	—	—				—	—	—				—	—	—				—	—	—	2
			—	—	—				—	—	—				—	—	—				1

This is the easiest to follow. You will K over P stitches and P over K stitches.